

Healthy Workplace

EYFS 3.44, 3.47, 3.48

At Start Well Learning we are committed to providing a workplace which supports and encourages a healthy staff team through staff training, health and safety awareness and supervisions.

Staff breaks

It is the responsibility of the manager/director to ensure that all staff working five hours or more take a break of 20 minutes or 30 minutes dependant on hours worked and ensuring that ratios are maintained.

Staff under 18 require a break of 30 minutes in circumstances where they work 4.5 hours a day. All breaks should be taken away from an employee's normal work area (where this is applicable).

Cleaning

The setting is committed to providing a safe, happy and healthy environment for children to play, grow and learn. Cleanliness is an essential element of this practice. The setting will be cleaned daily and regular checks will be made to the bathrooms. These will be cleaned at least daily (more if necessary i.e. at lunch time). The nappy changing facility will be cleaned after every use. Any mess caused throughout the day will be cleaned up as necessary to ensure that a hygienic environment is provided for the children in our care.

Kitchen

Staff are made aware of the basic food hygiene standards through appropriate training and this is reviewed every three years.

- Fridges to be checked out weekly
- Microwave to be cleaned after every use
- Oven to be cleaned out regularly
- All cupboards to be cleaned out monthly
- Fridge temperatures must be recorded first thing in the morning.
- Care must be taken to ensure that food is correctly stored in fridges.
- Surfaces to be cleaned with anti-bacterial spray.
- Children must NOT enter the kitchen.

Nursery

- Staff must be aware of general hygiene in the setting and ensure that high standards are kept at all times
- Regular toy washing is carried out. Toys should be washed with sanitising fluid
- Floors should be cleaned during the day when necessary. Vacuum cleaner bags (where used) should be changed frequently
- Staff are requested to use the appropriate coloured mop for the task or area.
- All surfaces should be kept clean and clutter free

- Children must always be reminded to wash their hands after using the bathroom and before meals. Staff should always encourage good hygiene standards, for example, not eating food that has fallen on the floor
- Children should learn about good hygiene routines and why they need to wash their hands, wipe their noses and cover their mouths when coughing.

Staff areas

- It is the responsibility of every member of staff to ensure that the staff areas is kept clean and tidy
- Surfaces to be wiped down daily
- All implements used for lunch or break to be washed and tidied away.